Arizona Friends of Tibet

Our Mission Statement

Arizona Friends of Tibet is a non-profit organization for people who believe Tibetans are entitled to the basic human rights outlined in the charter of the United Nations. We support the non-violent efforts of the Dalai Lama to regain dignity and religious freedom for the Tibetan people, and to preserve the unique and endangered culture of Tibet and its ancient Buddhist traditions.

It is the purpose of Arizona Friends of Tibet to educate as many people as possible about this unique culture and civilization. In order to do this, within Arizona we promote cultural and educational activities involving Tibet and its people.

In 1949, China invaded Tibet. With our funds, we support projects that will alleviate the suffering of Tibetans within their own country, which continues to be occupied by China. We also support projects within the Tibetan refugee communities in Asia.

We are visitors on this planet. We are here for ninety, a hundred years at the very most. During that period we must try to do something good, something useful with our lives. Try to be at peace with yourself and help others share that peace. If you contribute to other people’s happiness, you will find the true goal, the true meaning of life."

~ The Dalai Lama of Tibet

SAVE THE DATE!
Shop for Your Charity at
AFOT BENEFIT HOLIDAY TRUNK SHOW
Saturday, November 17th
10:00 a.m.–4:00 p.m.

Shop for You & Your Charity at a Fundraising Benefit for Arizona Friends of Tibet

ONE DAY EVENT!

Brought to you by Origins® from Santa Fe
A Shopping Extravaganza

(See pages 2 and 3 for AFoT activities in the President’s Corner and details on the Origins Show)
THE PRESIDENT’S CORNER

BY PEGGY HITCHCOCK

Dear Friends:

Fall is upon us and it's always good to emerge from the summer doldrums here in Arizona.

The situation in Tibet continues to remain dire, with no relief in sight. The immolations continue. More Tibetans are being detained and imprisoned under suspicion of assisting in the immolations. There is a hope that the new Chinese government, which takes power in November, might provide some positive change, but that remains to be seen. Meanwhile, all we can do is try to support the Tibetan people in whatever ways we can.

We have a very exciting event planned for this November. Our fellow Board member, Judy Margolis, who is the owner of a unique and wonderful store called Origins in Santa Fe, has offered to do a Holiday Trunk Show to benefit Arizona Friends of Tibet and Voices for Education at the Pavilion at my former residence, 3705 N. Old Sabino Canyon Rd. Judy’s store was voted one of the best boutiques in the country by “Frommer’s Guide to the Best of Everything”. It will take place on Saturday, November 17th, from 10:00 a.m. to 4:00 p.m. Food and beverages will be available. Judy will have a huge selection of clothing, jewelry and accessories from all over the world, and particularly, some fine jewelry from India. Please mark your calendars and plan to do your holiday shopping here!

Because of the dire circumstances in Tibet, our continued support of the Tibetan people remains vital. Please remember AFoT in your annual giving plans. Thank you all again, dear friends, for your continuing support in these times of economic stress for so many of us.

Wishing you a bright and beautiful fall. Hope to see you on November 17th!

Best wishes,

Peggy Hitchcock
President, Arizona Friends of Tibet

UPCOMING COMMUNITY EVENTS

GARCHEN INSTITUTE TEACHINGS: NOVEMBER 9TH — 17TH

Vajrakilaya Empowerment, Teachings, and Drubchen
November 9th-17th
Empowerment: November 9th, 10:00 a.m. – Noon
Teachings: November 9th, 2:00-5:00 p.m., and November 10th, 9:00 a.m. – 5:00 p.m.
Drubchen: Around the clock from 9:00 a.m. November 11th to 5:00 p.m. November 17th
Refuge Vows: November 10th, 1:00-2:00 p.m.

For complete information and schedule, visit www.garchen.net For up-to-the-minute news about the Institute, photos, and quotes from Rinpoche, please join us on Facebook at: garcheninstitute.
Shop for You & Your Charity at a Fundraising Benefit

FOR ARIZONA FRIENDS OF TIBET

Saturday
November 17
ONE DAY ONLY
10am - 4pm

at The Pavilion
3705 Old Sabino Canyon Rd.

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Visit www.arizonafriendsoftibet.org for the latest postings of activities and events in the local Buddhist community.